



## **NOLS Wilderness Medicine**

### **Wilderness First Responder Recertification Course CEU Hours Assignment**

#### **CAPCE: 18 Hours CEU's**

#### **Detailed Hour Assignment (includes classroom and scenario hours)**

This is an itemized breakdown of the EMT CEU hours we submit to CAPCE. Medical professionals (EMTs etc) who need itemized hours can use this list for credit hours with their home state or other certifying agency.

#### **Assessment (2.5 hours)**

Patient Assessment (2.5 hours)

#### **Trauma (8.5 hours)**

Shock (0.75 hours)

Chest Injuries (0.75 hours)

Spinal Management/Head Injuries (2 hours)

Wilderness Wound Management (1.5 hour)

Athletic Injuries (1 hour)

Dislocations (0.5 hours)

Fracture Management (2.0 hours)

#### **Environmental (2.0 hours)**

Hypothermia (1 hour)

Heat (0.5 hours)

Altitude (0.5 hours)

#### **Medical (5.0 hours)**

Cardiac Emergencies (0.75 hours)

Respiratory Emergencies (1.0 hour)

Neurological Emergencies (.5 hours)

Anaphylaxis (0.75 hours)

Diabetes (0.5 hours)

Acute Abdomen (0.5 hours)

Urinary-Reproductive (0.5 hours)

Mental Health (0.5 hours)