

# NOLS WILDERNESS MEDICINE

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## WFR Recertification Hybrid Course Schedule

### DAY 1

#### Morning

Introductions, Orientation, Test Review  
Infection Control and Personal Protective Equipment  
Patient Assessment System  
Shock  
Chest Injury  
Head Injury

#### Afternoon

Spinal Management  
Wilderness Wound Management  
Dislocations  
Athletic Injuries

#### Evening

CPR

### DAY 2 Morning

Fractures  
Altitude Illness  
Heat Illnesses and Hydration  
Hypothermia  
Medical Topics

#### Afternoon

Medical Topics  
Final Q&A Closing/Evaluations